## SOUTH OF THE THAMES CROSS COUNTRY ASSOCIATION, REPORT FOR 2010/2011

1. <u>AGM:</u> Held at Belgrave Hall on 10 September 2010

Paul Mitchell (South London Harriers)		
Matthew Hyett (Kingston & Poly)		
Rachel Disley (Thames Hare & Hounds)		
Geoff Newton (Tadworth AC)		
Don Turner (Epsom & Ewell H)		
Don Turner (Epsom & Ewell H)		
Archives & History	Brian Boulton (Cambridge Harriers)	
Trophies	Brian Boulton (Cambridge Harriers)	
Sarah Smith (Ranelagh Ha	arriers)	
Sarah Smith (Ranelagh Harriers)		
	Matthew Hyett (Kingston Rachel Disley (Thames H Geoff Newton (Tadworth Don Turner (Epsom & Ew Don Turner (Epsom & Ew Archives & History Trophies Sarah Smith (Ranelagh H	

## 3. <u>5 Mile Team Race</u>

2.

This was held at Wimbledon Common on 27 November. Special thanks are due to Belgrave for hosting the event under difficult circumstances, in the absence of other volunteers. There were 208 finishers, precisely the same as the previous year.

Men		Women					
	1.	John Gilber	t Kent AC	26	.50	1. Suzie Richards HHH	31.48
	2.	2. Chris Busaileh Herne Hill		27	.39	2. Emily Alden Epsom & E 32.0	
	3.	Hugh Evans Tonbridge AC		28	.00	3. Beckie Woodland SLH	32.16
U20 Me	n						
1	1 Mitchell White Bracknell AC		28.0	8			
2.	2. David Lewis Reading AC		30.02				
3.	3. Seb Harding Tonbridge AC		33.3	3			
Men's Teams (4 Score)				Women's teams (4 score)			
		1.	Herne Hill H	32	pts	1. Thames H & H	42 pts
		2.	Kent AC	40	pts	2. Herne Hill H	47 pts
		3.	Bracknell AC	58	pts	3. South London H	60 pts
Men's Teams (8 Score)							
		1.	Herne Hill H		139 pts		
		2.	Kent AC		186 pts		
		3.	Tonbridge AC		389 pts		

## 4. Championship Race 7 <sup>1</sup>/<sub>2</sub> Miles

This was held at Farthing Downs on 19 March, hosted by South London H. There were 79 Finishers.

Men	Women		
	1. Chris Busaileh Herne Hill H	41.40	1. Emily Alden Epsom & Ewell 47.28
	2. Alan Barnes Herne Hill H	42.02	2. Zoe West Epsom & Ewell 50.50
	3. Kieron White Herc Wim	43.02	3. Ruth Hutton SLH53.12
	M40 Charles Lound Dulwich R	45.31	W40 Ruth Hutton SLH 53.12
	M50 Glen Quarton SLH	46.43	W50 Pam Iannella 55.02
	M60 Stephen Robinson Tadworth	78.06	W60 Jane Davies 56.43

85 pts

Men 's Teams (6 score)

Women's Teams (6 Score)

1. Brighton & Hove AC

1. South London Harriers132 pts2. Dulwich Runners154 pts3. Tadworth AC204 pts

Men's Teams (12 Score) : No team finished 12 runners

## **Comment:**

Numbers in the 5 mile race were identical to last year. Numbers in the Championship race were very low, because it had to be rearranged to mid-March where it inevitably suffered many fixture clashes, with fixtures diverse as half marathons and the European Veterans Indoor T&F Championships. There have however been a number of encouraging signs, including a number of clubs re-joining the Association. Fixture congestion remains a problem. It will help if member clubs can persuade their Counties and County Leagues hold their fixtures on recommended dates.

It is still a matter of some concern that there is a shortage of clubs volunteering to put on the 5 Mile Team Race, and as a result the burden of staging races is not shared fairly around the total club membership and races are typically held on courses which are also heavily used for other races. Boring! Hosting the race is not a particularly onerous task as the Association handles race entries and provides most of the officials on the day. It is not getting easier to find suitable venues, but sometimes I feel clubs try harder to find reasons for not hosting a race than they try to overcome difficulties in finding a venue.

There remains a lack of people volunteering to join our committee or even attend the AGM, although there are encouraging signs that younger people are becoming interested.

The Championship race was unavoidably postponed as heavy snowfall on the day disrupted travel and made conditions hazardous. However it is worth noting that Reigate Priory were able to mount a full programme of races at their Holly Run meeting the next day, with some course modifications to avoid sledging runs. My opinion is that with cross country, unlike road races, if the vast majority of competitors and officials are able to travel to the venue it should generally be possible to put on a race, unless blizzard conditions are forecast for the time of the race. Competitors wearing proper cross country footwear should be able to cope with anything underfoot, and if in doubt it is usually possible to alter or shorten courses to allow for conditions on the day. There is a tendency to give in to difficulties rather than work round them which I have referred to earlier in this report.

There was a problem with the results of the 5 Mile Women's race as the otherwise eligible winner had not been entered due to an oversight and ran under a different name. Unfortunately this was only discovered after the day. Strictly speaking this should have meant disqualification of the individual and the team; however the logistics of redistribution of individual and team medals would have been a nightmare and deep down we feel that races should be won on the course rather than in the office. A similar problem occurred in the Championship Race when the M40 medal was initially allocated to a senior running under the name of an M40. Fortunately although the miscreants kept quiet on this occasion it was noted on the day by someone from another club. We will be less forgiving in future, particularly with the clubs concerned. Personally I am coming round to opinion that on the day entry should be allowed, but at a cost of £5 or £10 per head as opposed to the £1 per head pre entry.

The website is making steady progress and will become more important as the years go by. Our thanks go out to Alan Mead for undertaking this major task.

Geoff Newton Hon. General Secretary