

South of the Thames Cross Country Championship, Brighton, 13 March 2004

1	H Raidi	Belgrave	38:22	14	A Budarkiewicz	Kingston &P	42:59
2	J Kidger	Crawley	38:31	15	A Bickerstaff	Ranelagh	43:09
3	P Rodgers	Crawley	39:24	16	P Graham	Ranelagh	43:13
4	L Jones	Crawley	39:50	17	M Acker	Ranelagh	43:26
5	K Holland	Crawley	40:43	18	C Scott	Portsmouth	43:28
6	M Bristow	Brighton &H	40:47	19	A Arbour	Kingston &P	43:29
7	P Doyle	Ranelagh	40:51	20	A Harran	Herne Hill	M40 43:37
8	K Gadd	Guildford &G	41:43	21	A Collins	S London	43:45
9	C Plumpton	Portsmouth	42:09	22	C Edgington	S London	M45 43:51
10	J Ateyo	Herne Hill	42:10	23	M Lane	Ranelagh	M40 43:57
11	R Creed	Crawley	42:17	24	P Whitcomb	Brighton &H	M50 44:03
12	T Kimber	Crawley	42:25	25	D Rayner	Crawley	M40 44:11
13	A McDermott	Crawley	42:37				

Teams:

1	Crawley AC	37
2	Ranelagh H	109
3	City of Portsmouth	168
4	Brighton & Hove City	215
5	South London H	233
6	Lingfield Runners	

Colman Cup (12 to score):

1	Crawley AC	229
2	Ranelagh H	375

Women

1	J Downes	Brighton &H	44:04
2	F Clark	Crawley	47:54
3	L Graves	Lingfield	50:27
4	H Imeson	Tadworth	W45 56:02
5	S Allen	Herne Hill	W40 56:19