

SOUTH OF THAMES CCA FIVE MILE TEAM RACE, 23rd November 2019

Morden Park

M	W		M	W		M	W		
1		Joe Morwood	AFD	25:38	49		Wayne Lashley	Dul R	30:15
2		Ben Bradley M45	AFD	25:43	50		David Worden	Camb H	30:17
3		Owen Hind	Kent	26:08	51		William Johnson	Belg	30:22
4		Tewelde Menges	M&M	26:16	52		Richard Giles M40	Kent	30:23
5		Jim Allchin	Kent	26:17	53		Richard Cohen	WW	30:23
6		Chris Busaileh	Kent	26:50	54		Joe Hartley	Kent	30:31
7		Jordan Weaver	Kent	26:58	55		Kraig Wright	G&G	30:37
8		Callum Stewart	Belg	27:19		W3	Holly Dixon	Camb H	30:38
9		Mike Cummings	HHH	27:29	56		Matthew Reed	Walt	30:40
10		Neil Phillips M40	Kent	27:37	57		David Reader M45	Camb H	30:46
11		Niall Stewart	Kent	27:39	58		Kevin O'Gallagher	WW	30:50
12		Paskar Owor	Belg	27:47	59		Alex Mills	Belg	30:55
13		Daniel Pettit	Kent	27:55	60		Matt Cooke	Dul R	30:58
14		Andrew Warburton	HHH	27:57	61		Charlie Jeffrey U20	Strag	31:00
15		Rob Laing M40	Kent	28:01	62		Terry Booth M50	G&G	31:01
16		Josh Knight	HollS	28:03	63		Adrian Haines M50	Craw	31:06
17		Angus Butler	HHH	28:11	64		Ian Ellwood	Kent	31:07
18		Alex Hobley	HHH	28:13	65		Dan Bulbrook	Sutt R	31:08
19		David Morgan	Kent	28:18	66		David Ogden M60	SLH	31:08
20		Mark Wilkins	M&M	28:21	67		Matthew Pharaoh	Walt	31:20
21		Ben Cook	Kent	28:38	68		Simon Bean M60	E&E	31:22
22		Barnaby Day	Kent	28:40	69		Norman Urquia M50	WW	31:23
23		Jamie Ashton	Brack	28:46	70		Daniel Mann M40	Dul R	31:23
24		Phil Sanders M45	Kent	28:48		W4	Katie Rowland	Kent	31:25
25		George Russell	Kent	28:51	71		James Ruskin	Strag	31:28
26		Greg Cole	Tonb	28:54	72		Tom Shakli	Dul R	31:29
27		James Macdonald	Camb H	28:59	73		Gareth Williams M50	M&M	31:34
28		Oliver Hall U20	Brack	29:00	74		Alun Rodgers M50	M&M	31:36
29		Justin Lane M40	M&M	29:00		W5	Gintare Jukmyte	AFD	31:37
30		Neil Henderson M40	E&E	29:02	75		Darren Bradley M45	AFD	31:38
31		Michael Cottrill U20	Walt	29:09	76		David Williams M55	G&G	31:39
32		Peter Lighting	Kent	29:11	77		Gareth Tomlinson M40	WW	31:39
33	W1	Emily Wickes	AFD	29:14		W6	Chloe Crossman	G&G	31:39
34		Dan Wolf	E&E	29:27	78		Keith Newton M55	HHH	31:43
35		Andrew Howey M55	TWH	29:27	79		Damien hersey	Sutt R	31:43
36		Lee Haze	Kent	29:27		W7	Sophie Biggs W45	Strag	31:46
37		Tom South	Dul R	29:33	80		Peter Lee M50	HW	31:47
38		Jeff Cunningham	HHH	29:36	81		Clinton de Tarnowski M45	Walt	31:50
39		Andrew Grigg	HHH	29:38	82		Eddie Lambert M40	SLH	31:53
40		Calum Fraser	Kent	29:41	83		Christian Poulton M50	Camb H	31:54
41		Alexander Jeffreys	TWH	29:42	84		Mark Tennyson M55	G&G	31:56
42		Isaac Maxwell U20	Kent	29:47		W8	Iona Cousland	Belg	31:57
43		Robin Jones M45	HHH	29:48	85		Mike King M45	TWH	31:59
44		Oliver Garner	Strag	29:56		W9	Elkie Mace	Dul R	31:59
45		Joe Elliott	HHH	29:58	86		Roy Reeder M50	Strag	32:00
46		James Adams	G&G	30:00		W10	Sally Judd W40	SCVets	32:01
47		Ben Hurley	Belg	30:01	87		Kieran Fitzpatrick	TWH	32:02
48		Anthony Bennett M40	Tonb	30:05	88		Steve Corfield M55	SoC	32:07
		Rob Tuer	HW	30:09	89		Ben Smith	Dul R	32:09
	W2	Carolyn Baxter	G&G	30:10		W11	Fiona de Mauny	HHH	32:10
				90			Adam Featherstone	M&M	32:10

M	W				M	W			
91		Trevor Chilton M50	HHH	32:12	129		Stewart Bond M50	HW	34:30
	W12	Julia Wedmore	HHH	32:19		W24	Jordan Foster	HHH	34:30
92		Sean Rodwell	M&M	32:20	130		Kevin Stroud M55	DMV	34:31
93		Keith Ridgeway M40	Sutt R	32:27	131		Peter McLoskey	WW	34:33
94		James Sarre M40	TWH	32:28	132		John Cooper M45	Brack	34:35
	W13	Maria Kowal	SCVets	32:29	133		Alan Bates M50	E&E	34:36
	W14	Amy Billups	SLH	32:32	134		Barnaby Rudd M40	G&G	34:38
95		Simon Howden M45	TWH	32:36	135		Richard Lee-Smith M45	SoC	34:44
	W15	Alex Parker	Kent	32:39	136		Chris Walmsley M45	TWH	34:46
96		Graeme Drysdale M50	SoC	32:39	137		Simon Attridge M40	Strag	34:49
97		Donovan Duffy M40	Strag	32:42	138		Adam Dennis M40	TWH	34:49
98		Duncan Corrie	Kent	32:46	139		Lloyd Collier M45	Dul R	34:53
	W16	Sarah Winter W45	Strag	32:47	140		Neil Aikman M45	Croy	34:55
99		Norman Urquia M50	WW	32:48	141		John Cheal M50	Strag	34:56
100		Russ Rook	Dul R	32:48	142		Eddie Lambert M40	SLH	34:57
101		Shaun Cooney M45	SLH	32:48	143		Tom Cheetham M50	HW	34:57
102		Phil Pryke M45	G&G	32:50		W25	Mary James W40	SLH	35:00
103		Mark Pitcairn-Knowles M50	Ton	32:53		W26	Debbie Jackson W45	Coll	35:00
104		Gower Tan M50	Dul R	32:55	144		Gareth Pritchard M50	Strag	35:02
105		Aziouz Lammali M55	HollS	32:55	145		Mark Maginn M40	Croy	35:06
	W17	Lisa Rooney W40	Coll	32:58	146		Bill Arbury M50	E&E	35:10
106		Andy Perks M45	SoC	33:00		W27	Katie Styles W35	Dul R	35:10
	W18	Jennifer Berg	Kent	33:05		W28	Ruth Hutton W50	SLH	35:15
107		Kit Hawtin	G&G	33:06		W29	Marta Miaskiewicz	Dul R	35:18
108		Ian Davies M45	G&G	33:10		W30	Lisa Thomas W50	HW	35:20
109		Simon Wright	WW	33:11	147		Rob Zeitz M60	SoC	35:21
110		James Moore M45	Croy	33:12	148		John Foss M60	SLH	35:22
111		Graham Maynard M55	Camb H	33:13	149		Alan Curtis M50	Kent	35:24
112		Gavin Englefield M40	SLH	33:14		W31	Marta Cecconi	E&E	35:26
	W19	Eliza Grant	Kent	33:14	150		Jacob Armstrong-Pleith M45	Croy	35:26
113		Christopher Quaid	Kent	33:22	151		Terry Everest	TWH	35:27
114		Malcolm Davies M50	HW	33:22		W32	Susanna Harrison W55	G&G	35:28
115		Dan Greenslade M40	Strag	33:25	152		Mark Dudgeon M45	SLH	35:28
116		Simon Woodley M40	HW	33:25		W33	Marleen Renders W35	Strag	35:40
117		Aaron Israel M45	Strag	33:27		W34	Phyllis Flynn W55	Strag	35:45
118		Joshua Lawless	Camb H	33:37	153		Phil McElhinney M50	WW	35:49
119		James Morris	Belg	33:38		W35	Emma Ibell W45	Dul R	35:51
120		Justin Siderfin	Dul R	33:38		W36	Ange Morris W55	Dul R	35:51
121		Jaran Finn M45	Croy	33:41	154		Gary Ribbons	VAC	35:54
	W20	Lin Skinner W40	SLH	33:46		W37	Yvette Dore M45	Dul R	35:55
122		Simon Powell M50	Craw	33:59	155		Andy Collins M55	SLH	35:59
123		Alex Luce M55	Belg	34:03	156		Freysen Maritz M45	Strag	36:02
124		Michael Duncan	Kent	34:04	157		Rob Greenwood M40	Strag	36:03
125		Kris Kringelis	WW	34:04	158		Chris Morton M50	SoC	36:03
	W21	Mhairi Hall	Belg	34:10	159		Matt Gibbons	HW	36:07
126		Tom Wilson M40	Dul R	34:14	160		Clem Dixon M55	Camb H	36:09
127		George Tovey U20	SLH	34:17		W38	Natalie Nash	Belg	36:11
128		Will Lyon-Tupman	Croy	34:17		W39	Ella Waddingham W40	WW	36:14
	W22	Iona Cousland	Belg	34:22	161		Toby Kent M50	SLH	36:15
	W23	Felicity Cole W40	Belg	34:24	162		David Devlin M45	Kent	36:16

M	W				M	W			
	W40	Alice Smith W50	SLH	36:19	194		Rotimi Oyegunle	SoC	38:40
163		Robin Dow M45	Coll	36:20	195		Valdis Pauzers M65	HHH	38:43
164		Nic Mills M45	SLH	36:21		W59	Shun-Lai Chan W50	Coll	38:45
	W41	Amber Brough-Nueswk W40	Sutt R	36:21		W60	Jo Quatrill W60	SLH	38:50
165		Malcolm Fletcher M60	Strag	36:29	196		Guy Laister M40	E&E	38:55
	W42	Susie Fairbrass	Kent	36:30		W61	Sharmila-Franks W45	E&E	38:59
166		Mick Turner M55	SoC	36:31		W62	Angela Wilson	SLH	39:05
167		Mark Pattinson M60	Strag	36:34		W63	Jordan Foster	HHH	39:20
168		John Barron M60	Kent	36:37		W64	Amanda Nio	Kent	39:22
	W43	Mimi Corden-Lloyd	Belg	36:40		W65	Ana-Maria Green W50	TWH	39:26
	W44	Jillian Holford W45	TWH	36:45		W66	Tasha Tennant	Belg	39:33
	W45	Sara Roloff	Dul R	36:51	197		Mike Brewer M50	Sutt R	39:41
169		Stuart Roberts M40	Sutt R	36:52	198		Jeremy Schwartz M55	HollS	39:50
170		Shelley Atwal M40	Walt	36:52		W67	Emma Lonnen	WW	39:59
171		Geoff Turner M55	TWH	36:53	199		Andy Page M55	TWH	40:05
172		Sam Hodgson M45	Sutt R	36:53		W68	Evie McDermott	HHH	40:09
173		Chris Nugent	G&G	36:58		W69	Pippa Major W50	SLH	40:11
	W46	Vicky Boyle W40	Kent	37:03	200		Phil Marsden M45	Kent	40:17
174		Robert Nagorski M55	HHH	37:06		W70	Karen Levene W45	Strag	40:23
	W47	Natalie McDougall	WW	37:07	201		Matthew Saunders M60	SLH	40:29
175		Bernie Hutchinson M60	Kent	37:08		W71	Maggie Statham W65	Holl S	40:33
	W48	Susan Dixon W50	Camb H	37:08		W72	Beth Davies W45	G&G	40:37
176		Ed Polehampton M40	Strag	37:19	202		Andrew Deighton M50	TWH	40:37
177		Martin Lloyd M55	Coll	37:20		W73	Elaine Reid W45	Coll	40:38
178		Richard Knight M55	HollS	37:21	203		Mark Taylor M65	TWH	40:46
	W49	Michelle Lennon W50	Dul R	37:21		W74	Olga Reading W40	Sutt R	40:49
	W50	Anna Thomas W35	Dul R	37:23	204		Gerry Smith M65	E&E	40:51
	W51	Ellie Balfe	Dul R	37:25		W75	Sally Carr	Camb H	41:00
179		Neil Carrington M45	Strag	37:30		W76	Mhairi McDonald	Belg	41:02
180		Al Gibson M45	G&G	37:33	205		Ian McCarthy M60	Camb H	41:09
	W52	Flic Carr	SLH	37:36	206		Peter McLoskey	WW	41:24
181		Mark Cahill M45	HW	37:38	207		Stephen Penpraze M45	Strag	41:26
	W53	Caroline Carrini W45	Coll	37:40	208		Paul Wolff M50	E&E	41:27
182		Miles Gawthorp M45	Dul R	37:48		W77	Johanna Mott	Kent	41:30
183		Alan Black M65	Camb H	37:49		W78	Emily Flowers	Croy	41:34
	W54	Nicole Brown W40	G&G	37:51		W79	Clare Andrew W45	TWH	41:36
184		Alan Newman M65	Tonb	37:51	209		Gary Budinger M55	Dul R	41:38
185		Martin Double M40	Dul R	37:53	210		Andy Howarth M55	Strag	41:39
186		Guy Surtees M50	WW	37:54		W80	Lesley Page W45	TWH	41:42
187		Dave Beattie M70	Craw	37:59	211		John Gorst	WW	41:42
188		Tom Howarth	Strag	38:11		W81	Julie Holmes W55	Strag	41:45
189		Mike Mann M70	Dul R	38:13	212		Rob Wood M65	SCVets	41:50
	W55	Jessica Winfield W35	HHH	38:15		W82	Pippa Cumbers W45	Sutt R	42:24
	W56	Rachel Gurnett	Kent	38:28		W83	Hannah Little W40	Dul R	42:41
190		Sujan Shrestha M40	Sutt R	38:32	213		Scott Shurner M45	Ton	42:44
191		Craig Stockley M50	E&E	38:34		W84	Justine Dade W40	Eps OB	42:52
	W57	Lucy Clapp W55	Dul R	38:35		W85	Suzannah Kinsella W45	TWH	43:05
	W58	Lisa Wood W40	WW	38:35	214		Jon Parry M45	Strag	43:08
192		Martin Hawkins M55	Camb H	38:36		W86	Sunanda Sarker-Bell W50	Croy	43:09
193		Phillip Burnett M55	DMV	38:38		W87	Midge Cameron W55	Dul R	43:17

	W88 Sarah Allen W55	HHH	43:20		W105 Leena Lindwall W65	SLH	46:34
	W89 Sonja Jutte W40	Dul R	43:34	223	Mike Simmons M60	Camb H	46:35
	W90 Rowene Hornshaw	HW	43:43		W106 Sabine Duffy W40	Strag	46:45
	W91 Eveleigh McCarthy W40	EpsOB	43:47		W107 Tamsyn Down W40	Coll	47:00
	W92 Catherine Buglass W40	Dul R	43:50		W108 Stephanie Oliver W40	WW	47:17
	W93 Claire Hayhurst-Knowles W50	TWH	43:54	224	Peter Howes M60	Croy	47:34
	W94 Mary Hyde W40	Strag	43:56		W109 Lesley Bowcott W75	WW	47:49
215	Peter Hadley M70	Camb H	43:58	225	Ian Strong M55	HHH	47:53
216	Peter Dry M65	Eps OB	44:12		W110 Suzanne Belcher W40	Sutt R	47:55
	W95 Caroline Ford	Kent	44:20		W111 Gail Caruana W60	Strag	47:59
217	Steve Rudland M55	WW	44:26		W112 Jane Lambert W55	Sutt R	48:14
218	Barrie Nichols M65	Dul R	44:33		W113 Stephanie Oliver W40	WW	49:25
	W96 Pam Clarke W65	Sutt R	44:44		W114 Mirella Genziani W45	Strag	49:29
	W97 Jules del Nevo W45	Croy	44:49		W115 Vanessa Lok	Strag	49:59
	W98 Fiona Peters W45	Eps OB	44:50	226	Stuart Colston M50	Sutt R	50:41
	W99 Claire Steward W65	Dul R	44:51		W116 Angela Hussey	Sutt R	50:44
	W100 Sheila Rowell W45	Sutt R	45:02		W117 Jennifer Child W55	Eps OB	50:49
	W101 Carol Tsang W40	TWH	45:10		W118 Annabelle Hadlow W60	Kent	53:14
219	Terence Barnes M55	Craw	45:39		W119 Carol Johnson W55	Croy	56:31
220	Mick Child M60	Eps OB	46:02	227	Stuart Roberts M40	Sutt R	57:04
	W102 Ros Tabor W70	Dul R	46:03		W120 Wendy Ballard W50	Sutt R	57:56
	W103 Lindsey Annable W50	Dul R	46:04				
221	Richard Hooper M50	Croy	46:11				
222	Andy Murray M60	Dul R	46:18				
	W104 Sue James W65	Tonb	46:20				

347 finished

Mens teams (four to score)

1 Kent AC	(3, 5, 6, 7)	21
2 Kent AC 'B'	(10, 11, 13, 15)	49
3 Herne Hill H	(9, 14, 17, 18)	58
4 Kent 'C'	86	
5 Belgrave H	117	
6 Medway & Maidstone	143	
7 Kent 'D'	131	
8 HHH 'B'	161	
9 Dulwich Runners	197	
10 Walton AC	235	
11 Cambridge H	217	
12 Guildford & G	238	
13 Tunbridge Wells H	246	
14 Wimbledon Windmilers	257	
15 Stragglers	261	
16 Epsom & Ewell H	264	
17 Kent 'E'	316	
18 Hercules Wimbledon	348	
19 South London H	351	
20 Tonbridge AC	360	
21 Guildford 'B'	401	
22 Sutton R	406	
23 Dulwich R 'B'	413	
24 Striders of Croydon	425	
25 TWH 'B'	463	
26 Wimbledon W 'B';	464	
27 Stragglers 'B'	466	
Holland Sports	497	
28 Croydon H	509	
29 HHH 'C'	568	
30 SLH 'B'	569	
31 Camb H 'B'	572	
32 Crawley AC	591	
33 Stragglers 'C'	598	
34 Kent AC 'F'	603	
35 Dul R 'C'	632	
36 Striders of C 'B'	665	
37 WW 'C'	676	
38 SLH 'C'	681	
39 Stragglers 'D'	687	
40 HW 'B'	712	
41 TWH 'C'	716	
42 Epsom & E 'B'	727	
43 Croydon H 'B'	740	
44 Sutton R 'B'	785	
45 Stragglers 'E'	819	
46 Camb H 'C'	835	
47 Dul R 'D'	838	

Womens teams (four to score)

1 Kent AC	(4, 15, 18, 19)	56
2 Belgrave H	(8, 21, 22, 23)	74
3 South London H	(14, 20, 25, 28)	87
4 The Stragglers	(7, 16, 33, 34)	90
5 Dulwich Runners	(9, 27, 29, 35)	90
6 Guildford & G	95	
7 Herne Hill H	102	
8 Collingwood AC	155	
9 Dulwich R 'B'	167	
10 Wimbledon W	211	
11 Belgrave 'B'	213	
12 South London H 'B'	214	
13 Dulwich R 'C'	241	
14 Kent AC 'B'	242	
15 Tunbridge W H	268	
16 Sutton Runners	295	
17 The Stragglers 'B'	351	
18 Dulwich R 'D'	367	
19 Croydon H	380	
20 Epsom Oddballs	390	
21 Sutton R 'B'	438	

Mens 8-to-score (Brent Shield)

1 Kent AC	21 + 49	70
2 Kent AC 'B'	86 + 131	217
3 Herne Hill H	58 + 161	219
4 Dulwich Runners	197 + 413	610
5 Guildford & Godalming	238 + 401	639
6 Tunbridge Wells H	246 + 463	709
7 The Stragglers	261 + 466	727
8 Cambridge H	217 + 572	789
9 Epsom & Ewell H	164 + 727	891
10 Kent AC 'C'	316 + 603	919
11 South London H	351 + 569	920
12 Hercules Wimbledon	348 + 712	1060
13 Striders of Croydon	425 + 665	1090
14 Sutton Runners	406 + 785	1191
15 The Stragglers 'B'	598 + 687	1285
16 Dulwich Runners 'B'	632 + 838	1470

WDT

Many thanks to Dennis Williams and friends of his who laid out the course and to all the officials on the day.

South of Thames Championship race over 7.5 miles will be held at Lloyd Park, Croydon on Sat 21st December

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